

Work, rest and play

THE SHOPPER

41, and at the end of the workday, likes to or my spend and work- ing too. I always only thing I



don't like is losing at cricket. Today's seven-day shopping culture is inevitable.

THE COMIC

Benji Brinkley splits his weekends between working at a supermarket and preparing for gigs in his second job as a stand-up comic. But the 25-year-old, of Atlantis Avenue, Crookhorn, believes that despite his hectic schedule it is essential to make time to relax. He says: 'I work Saturdays and I used to work Sundays at Asda. A lot more people do nowadays because of seven-day shopping. I don't have anything against it, it gives people the



chance to earn some very welcome extra cash. 'But weekends are very important.'

PROFESSIONAL SAILOR

Professional sailor Alex Thomson, 30, likes to be on the water, even at weekends. He enjoys going out on a dinghy, water skiing, and sailing to the coast. 'It is what I want to be out on the water, it's cooler than I'll go down the beach and get sunburnt. But whatever the weather, a night down the pub with my mates is always a must.' Royal Clarence Yard, Gosport, said he likes the 24-hour culture because people were so busy during the week that they had weekends to shop and do chores.



THE DIVE CENTRE BOSS

Dive centre boss David Jones is a seven-day-a-week businessman. But as the owner of Southsea's Triton Scuba in Highland Road this has always been the way. Scuba diving is one of the world's fastest growing activities – and as a provider of this hobby David, 42, of Southsea, has to be open. This is a far cry from the traditional picture of the weekend, but since this is also his hobby it is not something he is overly concerned about.



David says: 'The whole world is moving on and it's becoming much faster. People want things now.'

THE LANDLORD

For pub landlord Richard King, the weekend is the most important time of the week. But while he has to work hard to keep his customers at the Stamshaw Hotel, in Stamshaw, Portsmouth, happy, he still finds time for himself and his family. The 59-year-old says: 'A typical weekend for me is working on Friday night when we have a disco and then also working on Saturday. If Pompey



are at home I take the afternoon off. On Sunday I play golf and spend time with my daughter and wife.'

THE POMPEY FAN

For mad-keen Pompey fan Kevin Ryan the weekend can only mean one thing – football, football and even more football. Yet the advent of Sky Television means he also has to keep his diary open for Saturday night and Sunday afternoon kick-offs. Add to that his involvement in Dockyard Two side Portsmouth Supporters Club and there is little time for anything else. Kevin says: 'Then there is the seven-day-a-week shopping culture.'



Mind you, I work at ASDA in Fratton, so that means there's more chance of work for me.'

AND DESIGN OFFICER

Design officer at the exhibition says: 'I've been at the weekend for many years. It's a problem with the shops being open, but I don't like the fact that everywhere is so busy all the time.'



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THE SINGER

James Lines, left, will spend his Sunday afternoon on tenterhooks, waiting to see if his band, Ricky, have cracked the Top 40 with their single, *Stop Knocking The Walls Down*. The singer, 24, says: 'If I'm not playing with the band my weekends follow a horribly laddish format. Sunday is the day that's changed. The traditional British Sunday isn't what it used to be because everything is open now and it means a lot of people have to work. It's the death of a



beautiful British tradition.. Sunday should be spent in the pub watching football.'

The all-hours DJ, and other busy lives on page 6